

Cold Mountain Internal Arts  
invites you to celebrate



# The Year of the Rabbit!

Saturday Feb. 5<sup>th</sup>.

Workshops on Qigong and Tai Chi: 1:00 – 3:00 p.m.  
Public Demonstrations: 3:30 – 4:45 p.m.  
Pot luck at 5:00 p.m. (Please contribute!)

Calvin Presbyterian Church  
248 Westmount Rd. E, Kitchener, ONT.

For pot luck information contact Alpha: [ksparks@rogers.com](mailto:ksparks@rogers.com)  
For other information, contact Steve: [stevehiggins@rogers.com](mailto:stevehiggins@rogers.com)